

Testimonial from RSVP, one of the great senior programs supported by the Senior Services Foundation:

Gladys Finn has been a resident of Lincoln County for 45 years! She moved here after her uncle passed away and left her with his house on Siletz Bay. Gladys has been able to live independently in her home for all 45 years, and she plans to remain living on her own as long as she can! The Friendly Visitor program is one reason Gladys has been able to remain living in her own home, even at the age of 101! Gladys' friendly visitor, Carol Miller, helps Gladys stay connected to the community by driving her to medical appointments, hair appointments, grocery shopping, and many more places around town. In addition to transportation, Carol also provides Gladys with meaningful social visits. Here are Gladys' own thoughts on the Friendly Visitor program:

"It's important for me to live independently in my own home because I have always lived that way. I enjoy my view of the Bay, being able to work in my yard & have my pets, which include my big cat 'Tom' & my little dog 'Rosie'.

Since I do not drive anymore, the Trans-Med and Friendly Visitor programs provide me with needed transportation & assistance with my grocery shopping as well as transportation to doctor's appointments, the Pharmacy, the bank & other important errands. Without this I may not be able to live in my own home."

The goal of the Friendly Visitor program and Trans-Med program is to provide direct service to seniors in need of human connection. Our hope is to see improvement over time in the health and well-being of our senior neighbors as a result of the increased social contact they experience from being matched with a Friendly Visitor volunteer. Aside from providing a meaningful social connection, Friendly Visitors also link these home-bound seniors to programs or resources that help them stay connected to the community and remain living independently in their own home. Volunteers may engage in activities such as sharing a common hobby or interest, listening to music, playing a board game, or even helping their senior neighbor to participate in events outside of their home. If you would like more information about the Friendly Visitor program, or are interested in becoming a Friendly Visitor Volunteer, please contact RSVP at 541-574-2684 or rsvp@ocwcog.org.



